



## Rama Lama Ding Dong

Choreographed by Susanne Schalewa & Gert Wollschlager

**Description:** 32 count, 4 wall, beginner/intermediate line dance

**Music:** **Rama Lama Ding Dong** by Rocky Sharp & The Replays [Rama Lama (Replays) / Available on iTunes]  
Start dancing on lyrics

### CROSS, SIDE, SAILOR STEP, KICK BALL STEP

1 Cross left over right  
2 Step right to side  
3 Cross left behind right  
& Step right to side  
4 Step left to side  
5 Kick right foot diagonal left  
& Step right together  
6 Step left to side  
7 Kick right foot diagonal left  
& Step right together  
8 Step left to side

### CROSS, SIDE, SAILOR STEP, KICK BALL STEP

9 Cross right over left  
10 Step left to side  
11 Cross right behind left  
& Step left to side  
12 Step right to side  
13 Kick left foot diagonal right  
& Step left together  
14 Step right to side  
15 Kick left foot diagonal right  
& Step left together  
16 Step right to side

### CROSS SHUFFLE, ¼ TURN RIGHT & SHUFFLE FORWARD, ¼ RIGHT & CHASSÉ LEFT, ¼ SAILOR TURN RIGHT

17 Cross left over right  
& Step right to side  
18 Cross left over right  
19 Turn ¼ right and step right forward  
& Step left together  
20 Step right forward  
21 ¼ turn right on ball of right and step left foot to left side  
& Step right together  
22 Step left to side  
23 Cross right behind left  
& Turn ¼ right and step left foot back  
24 Step right forward

### BALL, BALL, HEEL, HEEL, STEP DOWN & BEND KNEES, TOE SPLIT, STEP DOWN & BEND KNEES, HITCH

25 Step on ball of left foot next to right foot, turn left knee in  
26 Step on ball of right foot in place, turn right knee in  
**Weight is on both balls, knees pointed inward, heels are up**  
27 Step on heel of left foot in place, turn knee out  
28 Step on heel of right foot in place, turn knee out  
**Weight is on both heels, knees pointed outward, toes are up**  
29 Turn toes to the front and step down, bend both knees  
30 Put weight on both heels, straight legs, turn toes out  
31 Turn toes to the front and step down, bend both knees

32 Hitch left knee, straight right leg

**REPEAT**

**TAG**

*After the second wall hold the hitch a bit longer and start again with the vocals*

**TAG**

*At the end of the fifth wall dance to count 31 and hold count 32. Then dance the following steps:*

1 (Rama) turn left knee  
2 (Lama) turn right knee  
& Bring both knees out  
3 (Ding) bring both knees in  
& Bring both knees out  
4 (Ding) bring both knees in  
5 (Rama) turn left knee  
6 (Lama) turn right knee  
& Bring both knees out  
7 (Ding) bring both knees in  
& (Ding) bring both knees out  
8 (Ding) bring both knees in  
1 Touch left together  
2 Touch left heel left diagonal  
3 Touch left heel left diagonal

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