



The Picnic Polka

Choreographed by David Paden

Description: 48 count, 4 wall, line/partner dance

Music: **Cowboy Sweetheart** by LeAnn Rimes [131 bpm / Unchained Melody: The Early Years / CD: Greatest Hits Of Country Dance / CD: Line Dance Fever 9 / Available on iTunes]

Turbo Polka by Atomik Harmonik [138 bpm / CD: Compilation Dance: ToCo Dance Party, Vol. 12 / CD: Turbo Polka / Available on iTunes]

Position: When danced as a partner dance, start in Side-By-Side Position
Start dancing on lyrics

RIGHT TOE/HEEL, CHA-CHA-CHA

1 Touch right together (toe turned in)
2 Touch right heel to side
3&4 Triple in place right, left, right

LEFT TOE/HEEL, CHA, CHA, CHA

5 Touch left together (toe turned in)
6 Touch left heel to right instep
7&8 Triple in place stepping left, right, left

SHUFFLE FORWARD AND BACK

1&2 Chassé forward right, left, right
3&4 Chassé forward left, right, left
5&6 Chassé back right, left, right
7&8 Chassé back left, right, left

VINES & STOMPS

1-4 Rolling vine to right, stomp and clap on count 4
5-8 Rolling vine to left, stomp and clap on count 8

When danced as a partner dance, change that to

1-3 **MAN:** Man vines right
LADY: Lady rolls left
4 **BOTH:** Stomp and clap
5-7 **MAN:** Man vines left
LADY: Lady rolls right
8 **BOTH:** Stomp and clap

TWO RIGHT KICK-BALL-CHANGES/TWO ½ TURN PIVOTS LEFT

1&-2 Right kick ball change
3&-4 Right kick ball change
5-6 ½ turn pivot to left
7-8 ½ turn pivot to left

STOMP, CLAPS

1 Stomp right forward
2-4 Clap hands three times (keep weight on right foot)

When danced as a partner dance, change that to

1 Stomp right foot, turn to face each other
2-4 Clap lady's right hand to man's, clap lady's left hand to man's, clap right hands and hold onto it

SHUFFLES

5&6 Cross left over right and shuffle to right (left, right, left)
7&8 Turn ¼ right and shuffle forward (right, left, right)
1&2 Turn ¼ right and side shuffle to left (left, right, left)

3&4 Turn $\frac{1}{4}$ right and shuffle backwards (right, left, right)

When danced as a partner dance, change that to

5&6 Lady begins shuffling around man while man shuffles slightly forward

7&8 Lady continues shuffling around man while man shuffles slightly forward

1&2 Lady continues shuffling around man while man shuffles slightly forward

3&4 **LADY:** Finish shuffling all the way around the man

MAN: Shuffle slightly forward and turn $\frac{1}{4}$ left to face LOD

Now in Side-By-Side Position again

WALK FORWARD WITH STOMP

5-7 Step left forward, step right forward, step left forward

8 Stomp right together

REPEAT

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